

HOPE

Recovery Resources



RECOVERY IS FOR
EVERYONE



WE BELIEVE

That there are as many pathways to *Recovery* as there are individuals that seek it. We believe that *Recovery* happens over time. We believe that we best integrate *Recovery* within a community of support. We believe that *Recovery is for Everyone.*

WE PROVIDE

A full spectrum of continuing care services for men and women over the age of 18. This includes recovery residences and various recovery support services, delivered by professional life skills counselors under the supervision of Licensed Professional Social Workers.

OUR MISSION

Is to bring lasting recovery to a wide demographic range of individuals.

We strive to provide the highest caliber of rehabilitative service through:

- A professional staff who provide a wide range of recovery support services
- An environment where networked, ongoing collaboration is emphasized
- Safe residences in a comfortable, supervised, apartment home setting
- **360° Recovery Support – A full array of continuing care services and support promoting long-term, sustained health and recovery**



SUPPORT SERVICES

- Drug and alcohol assessment and testing
- Individualized plans
- Recovery coaching
- 24/7 professionally trained, on-site staff
- Daily check in and morning assessment
- Medication accountability and support
- 1:1 Life skill, goal-oriented coaching
- Weekly support meetings
- Recovery support (sober) transport
- Service work opportunities
- Disordered eating support and monitoring
- Ongoing engagement with treatment/therapy providers
- Family communication and support groups
- Recovery continuation planning



WHO WE SERVE

(Recovery Demographic)*

- Adult Men and Women
 - Primary (26-54)
 - Young Adult (18-25)
 - Older Adult (55+)
- Professionals
- LGBTQIA
- Individuals utilizing Medication Assisted Treatment (MAT)
- Individuals experiencing the following behavioral health issues: Substance Use Disorder, Co-occurring, Psychiatric, Eating Disorder
- Women with children
- Individuals with service dogs
- Individuals needing ongoing recovery support

**All with individual assessment*



www.hoperecoveryresources.org

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BY THE NUMBERS

1996

The year HOPE Recovery Resources begins.



50+

combined years of practice by HOPE leadership.

2

cities – Charlotte, NC and Atlanta, GA in which HOPE Recovery Resources offers gender specific communities.

80%

of HOPE Recovery Resources alumni from our last outcome study were still in recovery six months following program completion.

100%

of our alumni are gainfully employed, volunteering, or in school upon program completion.

\$0

cost for alumni engagement.

3

phases of recovery residence program.



1-5

years participants can actively engage in our recovery support services.



24

hours each day counselors are available on-site.

13

panel instant drug screen cup used for drug screening. 3 adulterant tests are also utilized.

6

months is the recommended commitment.

2

interviews a potential candidate must complete for entry into our program.

90

recovery activities all HOPE Recovery Resources residents must attend in the first 90 days in the program.

∞

Infinite individualized recovery plans offered.





RESIDENTS

- Are 18 years or older
- Are medically and psychologically stable
- Have a strong desire for their own recovery
- Abstain from alcohol and drug use
- Commit to a minimum of 3 months; 6-12 months are recommended
- Adhere to the continuing care plan of their referral source
- Obtain monthly Vivitrol shots, if IV opiate users
- Agree to frequent, random drug and alcohol screening
- Abstain from relationships and sexual activity, unless in a previous committed relationship
- Adhere to the curfew hours
- Attend all HOPE Recovery Resources group activities and community meetings
- Commit to productive activity – occupational, volunteer, or academic

LIVING ENVIRONMENT

Our communities are located in premiere apartment complexes.

Amenities include:

- Complete furnishings
- Fully equipped kitchens
- Cable television & high speed internet access
- Laundry facilities in residence
- Swimming pool
- Outdoor cooking grill access
- Fitness center
- Easy access to public transportation, employment, and academic opportunities
- Private bedrooms, when certain criteria are met



THE POWER OF COMMUNITY



Administrative Office

7000 Peachtree Dunwoody Rd.
Bldg. 17, Suite 110
Atlanta, GA 30328
(678) 556-0840 phone
(877) 355-1141 toll-free
(678) 556-0841 fax

office@hoperr.org
(All emails are confidential.)



Beth Fisher Sanders
LCSW, LCAS, MAC, CCS, MATS
CEO/Executive Director



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